



Examining the eyes with a slit lamp

Facts:

- allergy of the eyes can be treated, but cannot be cured.
- allergy can run in families.
- most young people eventually grow out of eye allergies.

Getting it sorted:

The doctor will give you anti-allergy eye drops to protect your eyes and make them feel better. These drops need to be used

regularly throughout the day. Do not stop using them until the doctor tells you to, even if your eyes feel better, as this could make the problem return or cause damage to your eyes.

If there is eczema on the skin of your eyelid, your doctor may tell you to use cream or ointment. This will help treat it but it is very important not to rub or scratch your eyes as this can make them worse. Sometimes the edges of your eyelids can be very sore (this is called blepharitis). This will need some more treatment, as explained in the blepharitis leaflet we have available.

Please ask your doctor if you would like a copy.

When the going gets tough

If your eyes are very irritated or the window of your eye (cornea) is damaged, your sight might be affected. If this is the case, you may be given stronger drops such as steroids which will need to be used very often throughout the day. Steroids will usually make your eyes better quickly but they can have side effects, so it is important that these drops are used exactly as the doctor tells you and that you come to your appointments in the clinic.

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Moorfields Eye Hospital NHS Foundation Trust
City Road, London EC1V 2PD
Phone: 020 7253 3411
www.moorfields.nhs.uk

Moorfields Direct telephone helpline
Phone: 020 7566 2345
Monday-Friday, 8.30am-9pm
Saturday, 9am-5pm
Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

Patient advice and liaison service (PALS)
Phone: 020 7566 2324/ 020 7566 2325
Email: moorfields.pals@nhs.net



Moorfields' PALS team provides confidential advice and support to help you with any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

Your right to treatment within 18 weeks

Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further (see above). For more information about your rights under the NHS constitution, visit www.nhs.uk/choiceinthenhs

