



Patient information: glaucoma service

Screening and stable service – information about the eye drops used to dilate your pupils

We have administered pupil dilating eye drops today so that we can get a good picture of the back of your eyes.

What effect can the drops have on my vision?

The drops may cause some stinging, and after about 20 minutes your vision will become blurred, especially when you try to look at objects close to you. You may also find bright lights dazzling, especially on a sunny day. The blurring lasts for up to 6 hours and you will not be able to drive during this period.

If you are receiving these drops then your records will have shown us it is safe to use these drops on your eyes. However, very rarely (and only in those prone to a condition called angle-closure glaucoma), the drops may cause your eye pressure to rise very suddenly. If

this does happen, you will need immediate attention from an eye doctor.

The symptoms of this sudden eye pressure rise include:

- pain or severe discomfort around the eye.
- redness of the white of your eye.
- constantly blurred sight, sometimes with rainbows or halos around lights.
- nausea and vomiting.

If you experience any of the above symptoms within 24 hours of receiving dilation drops, you should immediately go to your local A&E department or Moorfields A&E department in City Road for a further examination (open 24/7 for emergency eye problems only). Please take this leaflet with you.

You can also call Moorfields Direct for urgent advice (see contact details below).

Drops used: TROPICAMIDE 1%

Instilled at (date and time):

ON: AT:

Author: Stacey Angus, clinical physiology technician

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Moorfields Eye Hospital NHS Foundation Trust City Road, London EC1V 2PD Phone: 020 7253 3411 www.moorfields.nhs.uk

Moorfields Direct telephone helpline

Phone: 020 7566 2345
Monday-Friday, 8.30am-9pm
Saturday, 9am-5pm
Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

Patient advice and liaison service (PALS)

Phone: 020 7566 2324 or 020 7566

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Email: moorfields.pals@nhs.net
Moorfields' PALS team provides
confidential advice and support to help
you with any concerns you may have
about the care we provide, guiding you
through the different services available
at Moorfields. The PALS team can also
advise you on how to make a complaint.

Your right to treatment within 18 weeks

Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further – see above for contact details. For more information about your rights under the NHS constitution, please visit www.nhs.uk/choiceinthenhs.

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