

# Ozurdex® - for patients with macular oedema or uveitis

Ozurdex® has been approved by the National Institute for Health and Care Excellence (NICE) to treat patients with macular oedema (swelling of the back part of the eye) due to uveitis, branch retinal vein occlusion, central retinal vein occlusion or diabetic macular oedema.

## How can Ozurdex® help treat macular oedema?

The retina is the light sensitive tissue that lines the back of your eye and is responsible for your eyesight. Macular oedema, a swelling and thickening of the macula, is caused by one of the eye disorders listed above. The macula is a small area in the centre of your retina that contains a rich collection of nerve cells sensitive to light, fine detail, and colour.

When the small vessels in the macula leak fluid, this forms a macular oedema or swelling of the retina, as well as causing loss of blood flow and inflammation. All these processes lead to painless reduction of vision in the affected eye.

Ozurdex can also be used to treat patients with uveitis (inflammation of

the inside of the eye) without macular oedema. Ozurdex® contains dexamethasone, which is slowly released into your eye as the implant dissolves (biodegrades).

Dexamethasone belongs to a group of drugs called potent corticosteroids, and has been shown to reduce inflammation, oedema, and thickening of the retina, therefore improving vision.

## Will Ozurdex® treatment fully restore my vision?

There is an approximately **50% chance** of your vision improving with this treatment. If you decide to undergo treatment, both you and your eye doctor will need to sign and date the informed consent form. You will receive a copy to take home with you.

## How is Ozurdex administered?

Ozurdex® is a small biodegradable implant which is administered via a special applicator with a needle. It is delivered as an ophthalmic intravitreal injection. This means that it is injected into your eye. Sufficient local anaesthetic is administered prior to the Ozurdex® injection to ensure that you do not feel pain during the injection.



The local anaesthetic is given in the form of drops or subconjunctival anaesthetic injection (under the outer covering layer on top of the white of your eye). This local anaesthetic injection is essentially painless.

### **Are there any side effects associated with Ozurdex®?**

All drugs can cause side effects in some people. Some of these side effects may be caused by the injection procedure and not the Ozurdex® implant itself—for example, bleeding on the surface of the eye, difficulties in seeing clearly, a feeling of spots in front of the eye (including ‘floaters’), eye pain, seeing flashes of light, swelling or scratching on the surface of the eye, a feeling of looking through mist or fog, redness of the eye, decrease in eye pressure.

You may experience temporary visual blurring after receiving an injection and therefore should not drive or use machinery until your vision is recovered.

In the days following injection with Ozurdex®, you may experience some of the common side effects listed below.

For your information, we have also included the uncommon side effects associated with this treatment, however it is important to remember that these are rare.

### **Very common side effects - might affect more than 1 patient in 10:**

- Increased pressure in the eye, bleeding on the surface of the eye.

### **Common side effects - might affect 1 to 10 patients in 100:**

- High pressure in the eye.
- Detachment of the jelly inside the eye (vitreous detachment).
- Clouding of the eye lens (cataract).
- Bleeding inside the eye.
- Difficulties in seeing clearly.
- A feeling of spots in front of the eye (including ‘floaters’).
- Eye pain.
- Seeing flashes of light.
- Swelling or scratching on the surface of the eye.
- A feeling of looking through mist or fog.
- Redness of the eye

### **Uncommon side effects - might affect one to 10 patients in 1,000:**

- Retinal tear.
- Inflammation.
- Decrease in eye pressure.

### **Aftercare advice:**

You can continue normal activities once you have been discharged from hospital. Please use the post-procedure antibiotic drops as advised. If you experience eye pain or loss of vision, please come immediately to the Moorfields A&E department in City Road for a further examination (open 24/7 for emergency eye problems only). You should also seek immediate care if your eye becomes red, sensitive to light, painful, or develops a change in vision.





You can also call Moorfields Direct for urgent advice (see contact details opposite).

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**Moorfields Direct telephone helpline**  
Phone: 020 7566 2345  
Monday-Friday, 8.30am-9pm  
Saturday, 9am-5pm  
Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

**Patient advice and liaison service (PALS)**  
Phone: 020 7566 2324/ 020 7566 2325  
Email: [moorfields.pals@nhs.net](mailto:moorfields.pals@nhs.net)  
Moorfields' PALS team provides confidential advice and support to help you with any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

**Your right to treatment within 18 weeks**  
Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is

committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further (see above). For more information about your rights under the NHS constitution, visit [www.nhs.uk/choiceinthenhs](http://www.nhs.uk/choiceinthenhs)

