



Moorfields  
Eye Hospital  
NHS Foundation Trust



# Modern slavery



## What is modern slavery?

Modern Slavery is a crime which encompasses human trafficking, slavery, servitude and forced labour. Someone is in slavery if they are:

- forced to work through mental or physical threat.
- owned or controlled by an 'employer', usually through mental or physical abuse or the threat of abuse.
- dehumanised, treated as a commodity or bought and sold as 'property'.
- physically constrained or have restrictions placed on his/her freedom.

Human trafficking is when people are moved and forced into exploitation. The movement can be international or within the country, from one city to another or even just a few streets.

### Who does it affect?

Anyone can become a victim of modern slavery, and victims can be men, women, children and young people of all ages and cut across the population. The Home Office predicts that there may be as many as 13,000 victims in the UK alone.

### How to get help?

If you think that you or someone else may be a victim of modern slavery it is important to tell someone. Share your concerns and seek advice from your doctor, nurse or any health or social care professional.

You can also contact the **Modern Slavery Helpline** for confidential advice and support. The number is free to call and is available 24 hours a day, 7 days a week

**Modern Slavery Helpline:** 08000 121 700 or visit: [www.modernslaveryhelpline.org](http://www.modernslaveryhelpline.org)