

Patient Information – Infection control

MRSA decolonisation

When you visited the hospital recently, you had some swabs taken and MRSA (Methicillin-resistant Staphylococcus aureus) was found. Therefore it is recommended that you receive the MRSA decolonisation treatment before your surgical procedure. This leaflet explains how to use the treatment provided to reduce the amount of MRSA on your skin.

You will be given a bottle of Octenisan body wash and a tube of nose ointment. These should be applied for the five days prior to your date of surgery.

Step 1
Hair
Body
Ensure Hair and Body are Wet

Step 2
octenisan®
damp washcloth
Apply octenisan® undiluted

Step 3
Hair
Body
1 Min*
Apply octenisan® evenly all over the body & hair (recommended skin contact time 1 minute*)
All over Hair & Body. Focus on areas a, b, c

Step 4
Rinse off thoroughly

Step 5
Dry with Clean towel

Step 6
Put on clean clothing & bedding

Day 1	Day 2	Day 3	Day 4	Day 5
Body	Body & Hair	Body	Body & Hair	Body

*tested according to EN12054

1. Nose ointment – apply three times per day for five days.
Using a cotton bud or clean finger, insert a small pea size of ointment inside the front end of each nostril and press both sides of the nostril together.
2. Body wash – use instead of your usual soap for your body once a day for five days and also use it to wash your hair instead of your usual shampoo on day two and day four of treatment.

If you experience any problems whilst using these products, please consult your GP for advice.

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Phone: 020 7253 3411
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Moorfields Direct telephone helpline

Phone: 020 7566 2345

Monday–Friday, 8.30am–9pm

Saturday, 9am–5pm

Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

Patient advice and liaison service (PALS)

Phone: 020 7566 2324 or 020 7566 2325

Email: pals@moorfields.nhs.uk

Moorfields' PALS team provides confidential advice and support to help you sort out any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

Your right to treatment within 18 weeks

Under the NHS constitution, all patients have the right to start their consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further – see above for contact details. For more information about your rights under the NHS constitution, please visit www.nhs.uk/choiceinthenhs.