When you visited the hospital recently, you had some swabs taken and MRSA (Methicillin-resistant Staphylococcus aureus) was found. Therefore it is recommended that you receive the MRSA decolonisation treatment before your surgical procedure. This leaflet explains how to use the treatment provided to reduce the amount of MRSA on your skin.

You will be given a bottle of Octenisan body wash and a tube of nose ointment. These should be applied for five days before your date of surgery, with the fifth day being the day of your surgery.

The diagram below demonstrates the six steps you should follow.
Written instructions

- **Nose ointment** – apply three times per day for five days. Using a cotton bud or clean finger, insert a small pea size of ointment inside the front end of each nostril and press both sides of the nostril together.

- **Body wash** – use instead of your usual soap for your body once a day for five days and also use it to wash your hair instead of your usual shampoo on day two and day four of treatment.

If you experience any problems such as skin irritation whilst using these products, please consult your GP for advice.

Author: Amita Sharma, infection control department
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Moorfields Eye Hospital NHS Foundation Trust
City Road, London EC1V 2PD
Phone: 020 7253 3411
www.moorfields.nhs.uk

Moorfields Direct telephone helpline
Phone: 020 7566 2345
Monday–Friday, 8.30am–9pm
Saturday, 9am-5pm
Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

Patient advice and liaison service (PALS)
Phone: 020 7566 2324 or 020 7566 2325
Email: moorfields.pals@nhs.net
Moorfields’ PALS team provides confidential advice and support to help you with any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

Your right to treatment within 18 weeks
Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further (see above). For more information about your rights under the NHS constitution, visit www.nhs.uk/choiceinthenhs