

Welcome to Moorfields



All you need to
know about your
eye operation

Your operation at Moorfields

This leaflet tells you what will happen when you come in for your eye operation.

Our staff are very friendly and will look after you during your visit, so please ask them about anything you do not understand.

We hope you have an enjoyable visit.



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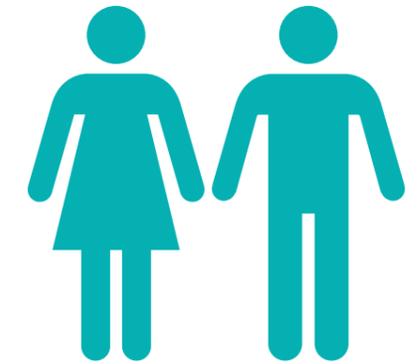
What will happen after my operation?

Who will look after me?

2 If you are having an anaesthetic, it could mean **not** having any breakfast or **not** drinking before the operation.



3 If you can, it is always better to have somebody who knows you well to be with you when you come in for your operation.



1 Before your operation, the nurse in charge of the ward will contact you or your carer at home to talk about your visit.



The nurse who will be looking after you during your stay will meet you when you arrive.

Your nurse's name is

What will happen **before** my operation?

1 We will ask you about your health, and what you like and dislike. This information helps us to get to know you and look after you better.

We will also do some tests similar to those that your own family doctor does, like testing your blood pressure and temperature.



2 We will need to look at your eye which could involve shining a light into it.

This will be bright, but it will not hurt.



3 Before your operation, we will need to put some eye drops in your eye.

This might sting, but only for a few seconds. Some of the drops might numb your eye and some might make your vision blurred. Don't worry as this is normal.



4 You might be put into a bed or asked to sit in a chair while you wait for your operation. You will see other patients coming and going on the ward.



What will happen during my operation?

1 Your nurse will take you to theatre and introduce you to the theatre staff who will look after you during your operation.

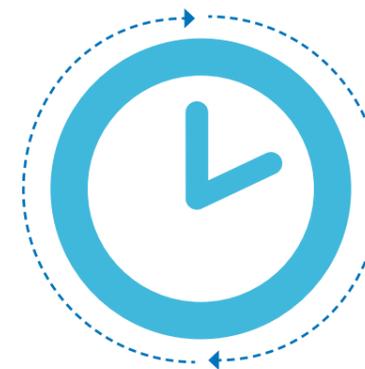


2 You will have your operation done in an operating theatre like this one. The staff in theatre wear blue clothing, paper hats and some wear face masks.



3 Your operation will take between 30 minutes and an hour. Some people have an anaesthetic to put them to sleep during this time and some remain awake.

But either way, it will not hurt.



4 Again, you will be asked to look into a bright light, but the nurses and doctors will keep talking to you all the way through.



What will happen **after** my operation?

1 After the operation your nurse will come and collect you from the operating theatre.

After your operation you might have a plastic shield or pad covering your eye. It is important you do not touch this.



2 Normally after the operation, you will need to stay in hospital for between one and two hours before going home, but don't worry if it takes a little longer.

This is so the nurses can be sure your eye is alright and you have recovered enough to go home.

Your eye might feel a bit numb after the operation, but will soon recover.

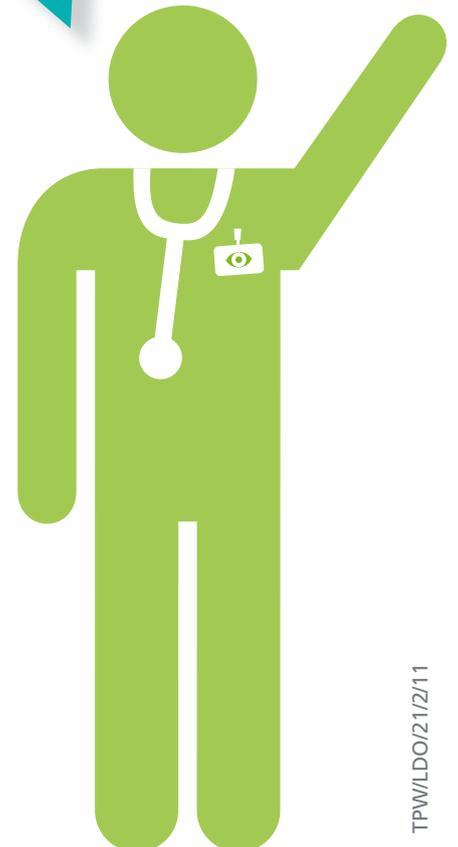


3 Before you go home, your nurse will give you and your carers or family instructions on:

- What eye drops you need and how often.
- How long to wear your eye shield (normally at night)
- How long you must avoid sports and swimming.
- Any help you might need to stop you rubbing your eye.
- When we will need to see you again in the clinic for a check up.



We look forward
to seeing you!



Moorfields Eye Hospital NHS Foundation Trust

City Road, London EC1V 2PD

Phone: 020 7253 3411

www.moorfields.nhs.uk

Moorfields Direct telephone helpline

Phone: 020 7566 2345

Monday to Friday, 9am to 4.30pm,
for information and advice on eye
conditions and treatments from
experienced ophthalmic-trained nurses.

Moorfields Eye Hospital is committed to seeing
all patients within 18 weeks of a referral by a
GP in line with the NHS constitution.