

## Patient information – pharmacy department

# Eye drop compliance aids

Using eye drops correctly can be difficult, but there are several useful compliance aids available to help you. This leaflet informs you about the different aids available and where you can get them from.

### Where can I get these compliance aids from?

All of the compliance aids in this leaflet are available free to Moorfields patients, either from your clinic or from the pharmacy. Please speak to a member of the pharmacy team for advice on the best compliance aids to use with your eye drops.

If you are not a Moorfields patient, some compliance aids are available via prescription from your GP as listed above. Compliance aids are also available to buy from various mobility outlets.

### 1. Autodrop®



- For all eye drop bottles.
- Positions over the eye for accurate application of drops.
- Not available via GP NHS prescription.

## 2. Autosqueeze®



- For all eye drop bottles.
- Designed to make it easier to squeeze the bottle.
- Positions over the eye for accurate application of drops.
- Not available via GP NHS prescription.

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## 3. ComplEye®



- For use with Hylotears® and Hyloforte® bottles.
- Positions over the eye for accurate application of drops.
- Available via GP NHS prescription

#### 4. Drop Aid® Single Dose



- For use with single-dose eye drops.
- For accurate positioning and easier grip control.
- Designed to make it easier to squeeze the drop out.
- Not available via GP NHS prescription.

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#### 5. Eyot – Alcon Eyot®



- For use with Travatan® and Duotrav® bottles.
- For accurate positioning of eye drops; ideal for people who have difficulty squeezing the bottle.
- Not available via GP NHS prescription.

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#### 6. Eyot - Thea Eyot®



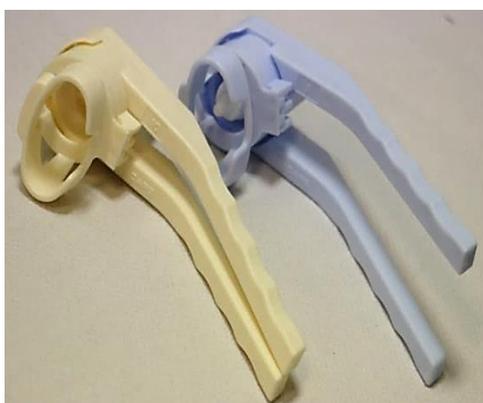
- For use with single-dose eye drops.
- For accurate positioning and easier grip control.
- Designed to make it easier to squeeze the drop out.
- Not available via GP NHS prescription.

## 7. Opticare®



- For all round 2.5ml - 15mls eye drop bottles.
- Positions over the eye for accurate application of drops.
- Designed to make it easier to squeeze the bottle.
- Available via GP NHS prescription.

## 8. Opticare Arthro®



- For most round bottles.
- Available via GP NHS prescription.
- Two sizes available:  
Size 5 for 2.5ml and 5ml bottles.  
Size 10 for 10ml and 15ml bottles.
- Ideal for those with severe arthritis or limited hand or shoulder movement.
- Designed to make it easier to squeeze the bottle.
- Positions over the eye for accurate application of drops.

## 9. Rubber eye drop bottle opener



- For use with most eye drop bottles.
- Helps open the lid of the bottle.
- Not available via GP NHS prescription.
- Available to buy from various mobility outlets.

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### Need further advice?

Please speak to the Moorfields pharmacy team, a nurse or your doctor for advice on how best to use your eye drops, and about the different compliance aids available.

For further information on how to use your eye drops, please refer to Moorfields patient information leaflet, “how to use your eye drops.”

Watch a video tutorial on best techniques for administering your eye drops on the Moorfields Eye Hospital YouTube channel:

[www.youtube.com/moorfieldseye](http://www.youtube.com/moorfieldseye)

Follow our #KnowYourDrops campaign which is run by Moorfields pharmacy to support patients and their carers with administering eye drops effectively. Follow us on social media to find out when our next free drop-in session will be taking place at various sites.

Twitter: @moorfields

Email: [knowyourdrops@moorfields.nhs.uk](mailto:knowyourdrops@moorfields.nhs.uk)

Webpage: [www.moorfields.nhs.uk/knowyourdrops](http://www.moorfields.nhs.uk/knowyourdrops)



## **Our pharmacies**

Moorfields pharmacy at City Road:

Monday to Friday, 9am–9pm

Saturday 9am–5pm

Phone: 0207 566 2369

Moorfields pharmacy at St George's:

Monday to Friday, 9am–6pm

Saturday 9am–5pm

Phone: 0208 725 3350

Moorfields pharmacy at Ealing

Monday to Friday, 9.30am–6pm

Phone: 0208 967 5774

Moorfields pharmacy at Northwick Park

Monday to Friday, 9.30am–6pm

Phone: 020 3182 4024

Author: Sarah Thomas, lead pharmacist for satellite services (east and new projects)

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## **Moorfields Eye Hospital NHS Foundation Trust**

**City Road, London EC1V 2PD**

**Phone: 020 7253 3411**

**[www.moorfields.nhs.uk](http://www.moorfields.nhs.uk)**

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## **Moorfields Direct telephone helpline**

Phone: 020 7566 2345

Monday to Friday, 8.30am–9pm

Saturday, 9am–5pm

Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

Moorfields Eye Hospital NHS Foundation Trust

City Road, London EC1V 2PD

Phone: 020 7253 3411

[www.moorfields.nhs.uk](http://www.moorfields.nhs.uk)



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### **Patient advice and liaison service (PALS)**

Phone: 020 7566 2324 or 020 7566 2325

Email: [pals@moorfields.nhs.uk](mailto:pals@moorfields.nhs.uk)

Moorfields' PALS team provides confidential advice and support to help you with any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

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### **Your right to treatment within 18 weeks**

Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further (see above). For more information about your rights under the NHS constitution, visit

[www.nhs.uk/choiceinthenhs](http://www.nhs.uk/choiceinthenhs)

<p>This information can be made available in alternative formats, such as easy read or large print on request. Please call PALS: 020 7566 2325/2324</p>
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