



Patient information – adnexal service

# Botulinum treatment for entropion



This leaflet is for patients considering botulinum toxin injections for in-turning lower eyelid (entropion).

## What is the effect of botulinum toxin?

Botulinum toxin causes a temporary, partial or complete, paralysis (weakness) of the muscle into which it has been injected. It can be used to turn out an in-turning lower lid by injecting it into the muscles of the lower lid.

## Will botulinum toxin affect my general health?

The treatment is safe and there is no risk of developing botulism or food poisoning. We have never had a patient who has experienced any general health problem with botulinum, but all medication carries a small potential risk of a serious allergic reaction (anaphylaxis).

There is no known risk when the treatment is given to women who are pregnant or breastfeeding, but some patients prefer to postpone treatment until they have given birth or weaned their child. If you are breastfeeding, we strongly advise that you express your

milk to use for 24-48 hours following the injection. For further information, please see our separate leaflet on the use of botulinum toxin in breastfeeding & pregnancy.

## What should I expect when I attend the clinic?

You will be seen by a nurse or healthcare assistant followed by a doctor working with the consultant ophthalmologist. If the treatment is suitable for you, you will be asked to read and sign a consent form and will usually receive the treatment on the same day. You should expect to be in the clinic for the whole morning or afternoon.

## What is the treatment procedure?

You will be given local anaesthetic drops to numb your eye, but you might still experience some discomfort when the injection is given. Three small injections are given into the lower lid, just below the lid edge.

## What happens after the injection?

You will be able to go home after the injection. You may feel an ache in the





## **Moorfields Direct telephone helpline**

Phone: 020 7566 2345

Monday-Friday, 8.30am-9pm

Saturday, 9am-5pm

Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

## **Patient advice and liaison service (PALS)**

Phone: 020 7566 2324/ 020 7566 2325

Email: [moorfields.pals@nhs.net](mailto:moorfields.pals@nhs.net)

Moorfields' PALS team provides confidential advice and support to help you with any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

## **Your right to treatment within 18 weeks**

Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further (see above). For more information about your rights under the NHS constitution, visit [www.nhs.uk/choiceinthenhs](http://www.nhs.uk/choiceinthenhs)

