



All day phasing in children

When you arrive, please report to the children's ward on the first floor of the Richard Desmond Children's Eye Centre (RDCEC).

What is all day phasing?

The pressure in the eye (intraocular pressure, often abbreviated to IOP) can vary during the day. Typically (but not always), measurements are higher in the early morning. Therefore, measuring the pressure only once might not be enough to decide on the diagnosis or best treatment for your child. If the IOP is border-line or if the glaucoma is suspected of progressing we will need to measure the pressure every 2 hours during the day; this is called phasing.

How is the IOP checked?

The IOP is checked by using an instrument called a Goldman tonometer, which is attached to a slit lamp microscope. A small probe is gently moved onto the surface of the eye and the pressure that the cornea pushes back onto the tonometer is measured.

Will this procedure be painful for my child?

No, your child will not feel any pain as we put anaesthetic drops into the eyes before we check the IOP, which numb the eye (take away the feeling).

How many IOP checks will my child have?

We measure the pressure every two hours starting from 8am until 4pm.

Do we have to stay on the ward between tests?

We will ask you to come back to the ward at specific times but you and your child do not have to stay on the ward in between measurements.

When will I get my child's results?

At the end of the day the consultant will review your child's measurements and will explain the results to you and your child.

What if I am unable to keep this appointment?

We usually do the phasing on a Wednesday and you will need to stay for the whole day. If you are unable to attend please call the children's ward



on **020 7566 2595**, giving us your child's name and hospital number.

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please contact our patient advice and liaison service (PALS) who will be able to advise you further (see above). For more information about your rights under the NHS constitution, visit www.nhs.uk/choiceinthenhs

Moorfields Eye Hospital NHS Foundation Trust
City Road, London EC1V 2PD
Phone: 020 7253 3411
www.moorfields.nhs.uk

Moorfields Direct telephone helpline

Phone: 020 7566 2345
Monday-Friday, 8.30am-9pm
Saturday, 9am-5pm
Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

Patient advice and liaison service (PALS)

Phone: 020 7566 2324/ 020 7566 2325
Email: moorfields.pals@nhs.net
Moorfields' PALS team provides confidential advice and support to help you with any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

Your right to treatment within 18 weeks

Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so,

