



Your next follow-up appointment is on:

- Date:
- Time:
- Location: Richard Desmond Children's Eye Centre - 3rd floor/ 4th floor/ward/private patients **(ward staff to delete as necessary).**

Some dos and don'ts following your child's discharge

Do:

- wash your hands before touching your child's eye.
- put drops in regularly as prescribed.
- keep follow-up appointments in clinic.
- wash your child's hair in a backwards position to prevent soap or water entering their eye (this does not apply if you have been instructed not to wash your child's hair for the time being).
- allow your child to read, watch television and use the computer as normal.
- give your child regular pain relief as advised on discharge.
- telephone us if you have any concerns on 020 7566 2595 Monday-Friday, 7.30am to 6pm.

In the case of an emergency outside of these days and times, please call our specialist A&E department on 020 7253 3411 ext 4335.

Don't allow your child to:

- play any sport or swimming until advised by the doctor.
- play with sandpits or water.
- rub the eye that was operated on.

ID LABEL HERE

Pain relief details:

- **Paracetamol**

Last given at:

- **Ibuprofen**

Last given at:

Notes:
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Author: Paediatric information group

Revision number: 3

Approval date: January 2019

Review date: January 2022

Moorfields Eye Hospital NHS Foundation Trust
City Road, London EC1V 2PD
Phone: 020 7253 3411
www.moorfields.nhs.uk

Moorfields Direct telephone helpline
Phone: 020 7566 2345
Monday-Friday, 8.30am-9pm
Saturday, 9am-5pm



Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

Patient advice and liaison service (PALS)

Phone: 020 7566 2324/ 020 7566 2325

Email: moorfields.pals@nhs.net

Moorfields' PALS team provides confidential advice and support to help you with any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

Your right to treatment within 18 weeks

Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further (see above). For more information about your rights under the NHS constitution, visit www.nhs.uk/choiceinthenhs

