Patient Information

Day of surgery instructions – Local anaesthetic/light sedation

Male patients: please report to Mackellar ward.
Female patients: please report to Sedgwick ward.

Both are on the 1st floor at Moorfields Eye Hospital.

Date: _______________________________________

Time: _______________________________________

Your operation will be under local anaesthetic or mild sedation.

If you are unable to attend or are going to be late on the day of surgery, please contact:

- Mackellar ward (Male) on 020 7566 2590
- Sedgwick ward (Female) on 020 7566 2570

As there is limited space on the ward, please bring one friend or relative only with you on the day of your operation.

Preparing for your operation

- You may eat and drink normally; light refreshments are available on the ward, and there is a coffee shop on the ground floor available for your relative or companion should they want something to eat or drink.
- Take all your medication as you normally would unless instructed otherwise below by the pre-assessment nurse.

If you are unable to attend or are going to be late on the day of surgery, please contact:

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- Sedgwick ward (Female) on 020 7566 2570

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Preparing for your operation

- You may eat and drink normally; light refreshments are available on the ward, and there is a coffee shop on the ground floor available for your relative or companion should they want something to eat or drink.
- Take all your medication as you normally would unless instructed otherwise below by the pre-assessment nurse.
Please have a bath or shower on the
day or evening before coming in for
your surgery.
Remember to bring all your medication,
including eye drops, with you on the
day of your operation
Leave any valuables at home
Do not wear nail varnish, makeup or
jewellery, except a wedding ring if you
wear one as these items may interfere
with the electrical equipment used to
monitor your health during and after
surgery.
You will remain dressed during
surgery, but please wear a button-
fastening top such as a shirt or blouse
You are also advised to wear flat shoes
as you will have an eye patch on your
eye after surgery which may affect your
visual perception.
You will need to obtain a roll of surgical
tape prior to surgery from your local
pharmacy, as you might need to wear a
shield at night for up to two weeks
following your operation.

What happens on your day of surgery?
Moorfields’ morning surgery list begins at
8.30am and the afternoon list begins at
1:30pm. We ask you to come at the time
specified on your appointment letter as
this allows time for you to be seen by your
doctor (who cannot leave the theatre once
the list has started) and discuss and sign
your consent form.

The nurse who admits you will give you a
full explanation of what will happen during
your stay.

Your doctors decide the order of the list,
but this might change during the course of
the morning or afternoon, so please be
patient if we cannot always give you the
precise time or order you will be going to
theatre.

You should expect to be in hospital for
between three and six hours, depending
on when you go for surgery. After your
operation, we like to keep you for at least
an hour to ensure there are no problems.

Before leaving, you might need a nurse or
doctor to examine you and your
medications will need to be dispensed
from pharmacy. There is a prescription
charge you will need to pay if you
normally pay for it. This sometimes takes
longer than anticipated so we recommend
you make alternative arrangements for
work, childcare, etc. Should there be any

Moorfields Eye Hospital NHS Foundation Trust
City Road, London EC1V 2PD
Phone: 020 7253 3411
www.moorfields.nhs.uk
delays, we will try to keep you informed about why and for how long.

You will be given your drops, eye shield and follow-up appointment following your final discharge. (Please note that some types of surgery require patients to return the following morning for review).

You may go home by public transport, but it is essential that you have an adult escort.

You are encouraged to ask as many questions as you want about your care, treatment and what is happening during your stay.

Don’t take your worries or troubles home with you – if you have any concerns or uncertainties, please ask to speak to the ward sister, the nurse in charge or the surgical matron during your visit.

Before you leave home check that:

☐ You have all of your medications
☐ You have left your valuables at home
☐ You have removed your nail varnish, makeup and jewellery
☐ You are wearing flat shoes
☐ You have written down any questions you would like to ask so that you don’t forget

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Moorfields Direct telephone helpline
Phone: 020 7566 2345
Monday to Friday, 9am to 4.30pm, for information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

Patient advice and liaison service (PALS)
Phone: 020 7566 2324 or 020 7566 2325
Email: pals@moorfields.nhs.uk
Moorfields’ PALS team provides confidential advice and support to help you sort out any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

Your right to treatment within 18 weeks
Under the NHS constitution, all patients have the right to start their consultant-led
treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further – see above for contact details. For more information about your rights under the NHS constitution, please visit www.nhs.uk/choiceinthenhs.