



Fasting Instructions for the Morning List Information for Parents

Babies:

Solids: Last food before 12 midnight
Formula milk: Last feed, 2am. Please give water before 6am
Breast milk: Last feed, 4am. Please give water before 6am
Water: Last drink, 6am

Toddlers and Older Children:

Food and drink: Last food and drink (except water) before 12 midnight
Water: Last drink, 6am

Additional Information:

When you arrive, please come to the Richard Desmond Children's Eye Centre (RDCEC), and we will book you in, show you around and answer your questions.

If you have any questions, please telephone between 8.00am and 7.00pm, Monday to Friday.

Our telephone number is: 0207 566 2595/6

Patron: Her Majesty The Queen
Chairman: Sir Thomas Boyd-Carpenter
Chief Executive: Ian Balmer



**Fasting Instructions for the Afternoon List:
Information for Parents**

Babies:

Solids: Last food, 6am (light breakfast)
Formula milk: Last feed, 7am. Please give water before 11am
Breast milk: Last feed, 10am. Please give water before 11am
Water: Last drink, 11am

Toddlers and Older Children:

Food and drink: Last food and drink (except water), 6am
Water: Last drink, 11am

Additional Information:

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